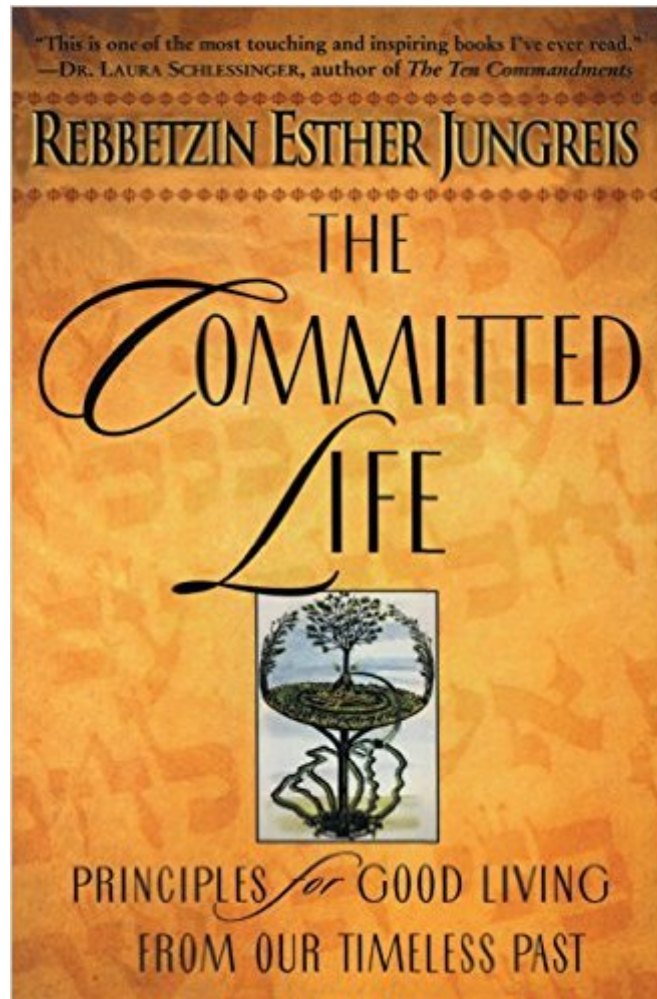


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# The Committed Life: Principles For Good Living From Our Timeless Past



## Synopsis

Drawing on the timeless wisdom of the torah. Rebbetzin Esther Jungreis reminds us of the principles necessary for living a better and more committed life. Inspirational and deeply moving. This book will touch your heart like no other.

## Book Information

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## Customer Reviews

An amazing book by a wisdom-filled elder of our people! I absolutely loved it! All too often, the only stories we ever hear about Holocaust survivors are those who lost their faith in God because he supposedly was "not there" and failed to rescue the Jews. Why be religious, the skeptics always say, if it doesn't help you to physically survive? But for Rebbetzin Jungreis, descendant of an illustrious rabbinic dynasty and a survivor of the Bergen-Belsen concentration camp, there is more to life than mere survival. God is always there, even under the most horrible conditions that life can throw at us. The question is not how we die, but how we live. As her father taught her -- and she quotes him in the book -- "A long life is not good enough, but a good life is long enough." To Rebbetzin Jungreis, the "good life" is not one filled with material possessions, but rather, a life devoted to God, Torah, and mitzvahs -- a life filled with hope, forgiveness, joy and love. Short or long, such a life is always a good life. After surviving Bergen-Belsen, her father, who had been Chief Rabbi of Szeged, Hungary, before the Nazis came, charged her with a sacred mission: to help renew the faith in God among Jews, which the Nazis had tried to destroy. Rebbetzin Jungreis has devoted her life to doing just that. Her deep spirituality radiates from every page of this book -- not the wishy-washy, self-centered form of "spirituality" so often preached by New Agers nowadays, but

the real thing -- the kind of spirituality that takes hard work -- and which manifests itself in a life committed to God and service to one's fellow human beings under any and all circumstances.

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